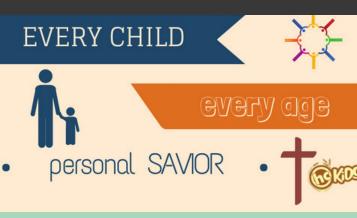


FORGIVENESS

AUGUST 26, 2018





FORGIVENESS FAMILY ACTIVITY

Today we learned that God wants us to Forgive and be forgiven by others. We learned about a King and two servants: one that forgave and one that did not. We talked about a 4-step apology (see on the back). It is important for children to understand forgiveness and learning to let go may take time. The important lesson is to keep trying, making efforts, understanding forgiveness and loving kindness. Anger plus anger only equals more anger. Compassion and love are what heals.

As a family, cut out squares of colored paper to look like bricks. Write an idea of how to forgive (some examples below) on each brick. Take turns talking be about each tip, and then glue it to a poster bound halfway down the page. When you're done, you'll have a strong foundation of forgiveness. Draw a house on top of your 'foundation' as a reminder that forgiveness helps make a happier home.

What can you do when you feel sad or angry with someone? Or need to forgive someone? Take a deep breath and let it out slowly. Then Repeat.

Try to think about why the other person might have done what he or she did.

Walk away and come back when you're not so angry.

Tell the other person how you feel about what he or she did. Speak calmly, without yelling.

Say, "I forgive you."

Do something kind for the person you're upset with.

Remember that there are times when you need to be forgiven.

Pray for help to forgive when it's hard.

Remember that sometimes the person you forgive might not be sorry. But we can forgive anyway.

If you're upset with something you did, forgive yourself and try to do better next time.

What else can you think of to do?



Books of the New Testament

Matthew

Mark

Luke

John

Acts

Romans

1 Corinthians

2 Corinthians

Galatians

Ephesians

Philippians

Colossians

1 Thessalonians

2 Thessalonians

1 Timothy

2 Timothy

Titus

Philemon

Hebrews

James

1 Peter

2 Peter

1 John

2 John

3 John

Jude

Revelation



