

February 2020

# parenting CHRISTIAN kids



## Teach Kids That God Is Trustworthy

### POWERSOURCE

#### ASK JESUS:

1. To help you be a trustworthy caregiver and an example of God's trustworthiness.
2. To reassure your children that God cares deeply for them and keeps all his promises.
3. To reveal his trustworthiness and goodness to your family.

Healthy trust levels with others set the foundation for how children experience social and emotional relationships later in life. When kids realize that God, their environment, and the people around them are trustworthy, they feel secure, hopeful, and optimistic.

Trust is also vital for spiritual development. Early experiences with parents and the church impact children's perceptions of God. When kids feel safe and loved, they can trust that God loves them, too. From birth, you can help your kids develop trust through:

**Trustworthy Relationships** Children learn to trust you and other adults from their earliest years. Keep your promises and follow through. Take care to expose them to kind, nurturing people, from church friends to grandparents.

**Trustworthy Environments** Safe, engaging surroundings help kids trust that you'll take care of them. Remember: Material possessions aren't as important as people who provide consistency and comfort.

**Trust-Building Activities** Inject laughter and fun at home. Younger children especially feel secure when play is part of life—Peek-a-Boo and familiar songs are a great starters.

**Faithful Foundations** You create the basis for kids to build trust in God. Bit by bit you empower them to trust in someone who's so much bigger than they are.



## TEACHABLE MOMENTS

### Seeing the Full Picture

You'll need a Bible, paper, washable paint (at least three colors), and paintbrushes. Say: **Think of a time when things felt ruined because they didn't go how you expected.** Have each person crumple a piece of paper into a ball. Ask: **How did you react?** Let people each choose one color to paint their paper ball while answering.

Carefully open the balls to view the paintings. Say: **Now think of a time you were confused or scared.** Have people crumple the papers again and use a different color to paint the balls while sharing. Then open the papers. Say: **Think of a time you felt alone.** Have people crumple the papers and use a third color to paint while sharing.

Read aloud 2 Corinthians 4:8-10. Ask: **How could those difficult times be better, knowing that Jesus is with us and understands?** Open the papers to see the finished paintings. Say: **God uses tough times to show us his glory—and to help us trust him. Have faith in God's full picture!**

## Trust Develops Over Time

As children grow, their views of God and his trustworthiness develop.  
**Ages 2 to 4** Preschoolers identify God as having a human form and traits. These traits most likely resemble those seen in key adults in kids' lives.  
**Ages 5 to 8** Fear of the unknown prompts kids to want to believe in a God who's all-powerful, all-knowing, and omnipresent. Their grasp of God's trustworthiness depends on how adults express these qualities to them.  
**Ages 9 to 12** Older children's perception of God can range from a legendary superhero to a living, spiritual being—often like their own father.

**That's Impossible!** Take turns trying to unwrap Hersey's Kisses while wearing oven mitts. Read Matthew 19:26 and ask: "What things can God do that are impossible for us to do? What are you facing that seems impossible? How can we trust that God has all these things in his hands and takes care of them for us?" Close with a group hug and enjoy some Kisses.

**Unseen Blessings** Beforehand, gather paper cups, put a few drops of food coloring in each, and cover the drops with a heap of baking soda. Ask: "What troubles do you face? Draw or write them on the outside of your cup." Read aloud 2 Corinthians 4:18. Say: "If we focus too much on our *outside* troubles, we might forget to trust that God is doing good things we can't see." Pour a few drops of vinegar in each cup so the color appears. Ask: "What can we focus on instead of troubles? How can we trust God even though we can't see him?"

**Multiplied** Beforehand, cut 5-inch squares of tissue paper (yellow, pink, and blue) so there are more squares than people. Cut yellow stacks into bread-slice shapes, pink stacks into hearts, and blue stacks into fish shapes. Say: "Jesus cares for our bodies *and* our hearts." Read Mark 6:34-44. Give

each person one bread and one fish. Point out all the extras. Say: "Jesus did a miracle! People had food for their bodies *and* learned about Jesus' love." Give each person a pink heart. Ask: "What did you think about all these leftovers? How can we trust Jesus to give us more than we need?"

**Trust Walk** Take turns leading one another around the house or yard. The person being led should wear a blindfold or keep his or her eyes closed. First, have the guide hold the partner's elbow but say nothing during the walk. Then have the guide shout instructions from far away. Afterward, discuss what makes trusting easy or tough.

**Molded by God's Hands** Give each person a lump of modeling clay. Say: "Think of something you want to make. Then we'll try three different ways to make it." First, have people stare at their clay. Then have them try to mold it with bare feet. Finally, let them use their hands. Talk about what worked and what didn't, and why. Read aloud Isaiah 64:8. Ask: "How does God mold us?" Say: "We might think of God as being far away, but if he is a potter and we are the clay, then God is as close as our skin. We can trust God's promise that he is always with us and is active in our lives!"

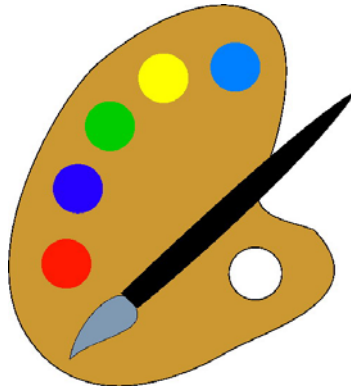
"Lead me by your truth and teach me, for you are the God who saves me. All day long I put my hope in you."  
 —Psalm 25:5

## New Curriculum – Bible Art

Starting in February, we will do a curriculum called, "Bible Art." Each week the kids will create a different art project that reminds them of the beauty and greatness of God. Art projects include: Clay, Finger Painting, Popsicle Stick Art, Coloring, collage, and paper folding. We are going to be doing a lot of crafts during this curriculum!!!

I am asking if anyone has some old magazines that HCKids can use for our collage project if we can have those by before Easter that would be great!

# BIBLE ART



"Praise the Lord for the glory that belongs to him. Worship the Lord because of his beauty and holiness." Psalm 29:2 (NIRV)

Happy Birthday to all February Birthdays!

- 2/2 Clark
- 2/4 Olivia
- 2/5 Nick
- 2/7 Lily
- 2/8 Caleb
- 2/8 Addalynn B.
- 2/15 Watson
- 2/16 Gracelyn
- 2/20 Myla
- 2/20 Collin
- 2/22 Joshua
- 2/23 Isabella
- 2/26 Ms. Sandra



## Upcoming Events:

The next few month events:

### February

- 2 – Bible Buck Store, Communion, Baptism. Super Bowl
- 9 – Valentine's for Missionaries, Community Night of Worship at 6:30 pm
- HCKids Volunteer Training at 11:45 am (after service)
- Women's Conference 3-6 pm



### March

- 1 – Bible Buck Store, HCKids Jr. Leader training 11:45 am
- 7 - Regional Gathering at Harvest 10 am-2 pm
- 8 - Pastor Bobby Instillation
- 13- Family Game Night 6:30 -8:00 pm



### April

- 5 – Palm Sunday, parade with donkey
- 8 – Stations of the Cross set-up
- 10 – Stations of the Cross 4:30 – 7:30 pm
- 12- Easter Sunday
- 26 – Compassion Sunday

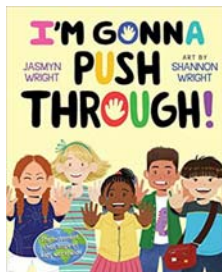


## MEDIA MADNESS



### MOVIE

**Title:** *Sonic the Hedgehog*  
**Genre:** Action, Adventure, Family  
**Rating:** not yet rated  
**Cast:** Jim Carrey, James Marsden, Ben Schwartz, Tika Sumpter  
**Synopsis:** This long-delayed movie based on Sega's video-game franchise features a blue hedgehog with super-speed that's in high demand. After accidentally causing a power outage, Sonic hides in Montana, where a sheriff tries to shield him from the government and an evil scientist.  
**Our Take:** Even non-gamers will be drawn to this heavily marketed film. Sonic explores ways to harness his unique powers to help his friends. Use that concept to discuss individual talents and how we can use them in positive, God-honoring ways.



### BOOK

**Title:** *I'm Gonna Push Through!*  
**Author:** Jasmyrn Wright  
**Synopsis:** Wright, who taught elementary school in disadvantaged neighborhoods, wanted her students to feel empowered and excited to learn. After her #PushThrough movement went viral, Wright became a global speaker who spreads messages about self-worth, strength, grit, resilience, and overcoming adversity.  
**Our Take:** This uplifting, inclusive picture book encourages children to recognize and build on their own strengths—and also to build up others. Wright inspires kids to aim high and keep reaching for their goals. While young people will benefit from these messages, they also need to hear that God is their source of strength and their help during times of trouble.

## Games, Podcasts & Apps

### Best Friend Forever

Though this Nintendo Switch role-playing game has a childlike look, it's rated T for Teen and has a grown-up twist. The title, released on Valentine's Day, is a pet-care simulation combined with dating adventures. Aided by furry critters, players explore an active singles scene.

### 5 Minutes With Dad

This upbeat, kid-hosted podcast covers a range of topics—from seasonal fun and hobbies to fears and family bonds. A father and his two kids engage in interesting chats that the whole family—including children as young as 4—will enjoy. The topics are sure to inspire continued discussions.

### S'moresUp

With this highly rated app, families can stay organized and simplify chore assignments. Tasks and healthy habits are assigned a value and can add up to rewards (or charitable donations). Family members can share and sync calendars, so this works best with older kids who have phones.



## CULTURE & TRENDS

**Keeping Kids on "Track"** Thanks to technology, parents now have many options for keeping tabs on their children. With a \$25 washable patch (and a free app), B'zT helps pinpoint a child's location within a 100-foot range. The mom-founded company also offers tracking apparel, which some schools are using. (*time.com*)

**Unisex Goes Universal** A parenting trend that's on the rise is embracing gender-neutral names, nurseries, toys, playdates, haircuts, and even pronouns. Some parents striving for gender-neutrality use the pronoun "they-by" to refer to an unborn child. (*various sources*)

## QUICK STATS

**The Parenting Workout** Don't "sweat it" if you miss an exercise class (or two). A study of 1,000 moms and dads of kids ages 3 to 6 finds that typical parenting tasks burn 1,478 calories daily—the equivalent of 1,179 burpees! (*Wren Kitchens*)

**Going Vegan** One of every 12 U.K. parents raises their kids as vegan. Plant-based food sales are soaring in the U.S., too. (*various sources*)

**In Need of a Boost** Between ages 8 and 14, girls' confidence levels drop by 30%. In that same time period, girls' confidence that other people like them drops 46%. (*YPulse*)



One of our Seedlings, Mackenzie, enjoying her Happy Birthday Jesus Party cake!

\*If you have a picture of your child doing something that demonstrating what they learned in Club 307, we want to know about it! We may even feature it in a newsletter!



Its that time of year when we request that you update your information for us in our system. If here are updated phone numbers, email address, etc. Also, we are asking everyone to fill out a new permission to use pictures/videos of your child on our HCKids Facebook and other media platforms. Please sign either yes or no. If you have any questions please let me know.

**SATURDAY, FEBRUARY 29, 2020**  
1:00 - 6:00 PM | Harvest Church | Tickets \$5

**WORK OF**

*Heart*

*A Women's Event*  
Sponsored by Harvest Church

**I WILL TAKE YOUR HEART OF STONE... AND GIVE YOU A HEART OF FLESH**  
- Ezekiel 36:26

**TICKETS ARE \$5**  
\*May be purchased before or after church services or on our website.

**WWW.WEAREHARVEST.COM**  
Phone: 307-745-9696 Email: [faithoffice@weareharvest.com](mailto:faithoffice@weareharvest.com)

## New Bible Buck Store Days

HCKids staff has decided to move the Bible Buck Store to the 1<sup>st</sup> Sunday of each the month. The 1<sup>st</sup> Sunday of the month we observe Communion, as well as, most Baptisms, so this Sunday is much shorter for HCKids time. When the children are dismissed, we will review what we have been learning with a small craft or game with Bible Buck Store. We hope that this will make the Bible Buck Store more efficient.

If you have any questions or concerns, please talk to Sandra or an HCKids staff member or email [hckids@weareharvest.com](mailto:hckids@weareharvest.com).



### Valentine's for Missionaries

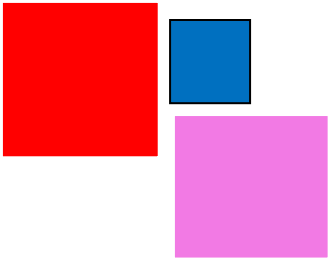
For our HCKids Valentine's lesson we will be learning about a few of our Harvest Missionaries and making them Valentine's to send to remind them that we are praying for them.



If you or your family would also like to participate in making Valentines for our Missionaries, you can bring handmade Valentines by February 9<sup>th</sup> and put in our donation basket near check in. I will be mailing them out on that Monday!

If you are not sure who are Missionaries are, check out our Missionary Board outside the sanctuary in the foyer.





# FEBRUARY

# 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 8:45 AM DEFINING HOUR 10:00 AM COMMUNION & SUNDAY SERVICE BIBLE BUCK STORE OPEN	3	4 Men & Women Bible Studies 6:30 - 8:00 PM 	5 Prayer 6:30-7:15PM 	6	7	8
9 8:45 AM DEFINING HOUR 10:00 AM SUNDAY SERVICE COMMUNITYNOW 6:00 - 8:00 PM	10	11 Men & Women Bible Studies 6:30 - 8:00 PM 	12 Prayer 6:30-7:15PM 	13	14 1/2 of School 	15
16 8:45 AM DEFINING HOUR 10:00 AM SUNDAY SERVICE	17 No School Presidents' Day	18 Men & Women Bible Studies 6:30 - 8:00 PM 	19 Prayer 6:30-7:15PM 	20	21	22
23 8:45 AM DEFINING HOUR 10:00 AM SUNDAY SERVICE 11:45 AM HCRids Volunteer Meeting 6:00 PM FUEL YOUTH GROUP	24	25 Men & Women Bible Studies 6:30 - 8:00 PM 	26 Prayer 6:30-7:15PM  Ash Wed	27	28	29 SATURDAY, FEBRUARY 29, 2020 A Woman's Love WORK OF Heart WWW.WEAREHARVEST.COM

